

St. Nicholas Greek Orthodox Cathedral
CODE OF THE ROAD
Commitment Contract

Congratulations! You've been chosen to travel and represent St. Nicholas Greek Orthodox Cathedral (St. Nicholas) because you are a steward who is committed to making a positive difference for yourself and ministry. We encourage you to make this opportunity the best spiritual and personal experience possible. Take time to have fun and network with others.

Representing St. Nicholas at an Out-of-Town event is a *blessing*. Because you are a formal representative of St. Nicholas, there are certain responsibilities that come with this unique opportunity. The CODE OF THE ROAD Commitment Contract is to be used before, during, and after any event or trip you take on behalf of our St. Nicholas sponsored event.

BEFORE THE EVENT/TRIP

Whether you're going for a day or a week, there is preparation that needs to be done.

Adopt a positive attitude.

- Realize that attending an out-of-town event as a representative of St. Nicholas is a blessing. Consider it an outside-the-walls learning experience.
- Remember you represent St. Nicholas and your ministry at ALL times. The Church and your fellow ministry members trust you. Represent them well.

Read agendas, booklets, and event materials before you travel.

- Sign "CODE OF THE ROAD" Commitment Contract and Release of Liability forms and return them to your Advisor.
- Attend any orientations prior to event as required by your group and/or Advisor.
- Provide family members with all pertinent travel information, including event location, departure/arrival times, and hotel/camp accommodations. You will be prohibited from making calls from your room. You may make arrangements with an Advisor or Clergy to make a phone call. Personal cellular phones are to be turned in upon arrival to event and will be returned upon departure.

Packing Tips

- Bring personal identification (Photo ID)
- Your Bible
- Bring copy of health insurance card
- Bring snacks for the car/bus trip and hotel room/cabin if you'd like them.
- Appropriate attire, in general, clothing should be modest and loose-fitting.
Appropriate clothing should be worn based on the specific activity in which you will participate.
One piece bathing suits for females; appropriate swimming gear for males.
- Other suggested items to bring: Toiletries, notebook, pen, camera.

- Bring medications if you have special medical needs. Let your Advisor know about any medications you will be carrying. As no medication will be allowed in the hotel room/cabin with other ministry members, be prepared to give to Advisor/Nurse to dispense as needed. **Parental intercession necessary**.

Individual Responsibilities

You have the responsibility to:

- Become better acquainted with members from your parish.
- “Network” with other Orthodox Christians and event participants.
- Enjoy the spiritual and personal opportunities offered at the event.
- The respect of your peers and Advisors.
- Seek and secure support of peers and Advisors.
- Do your very best to get the most out of this blessing bestowed upon you.
- Respect all others, including hotel/cabin roommates, hotel/camp staff and property.
- Attend, on time, the workshops, seminars, church services, etc. available at the event, and to present, if asked, a summary or report to Clergy/Parish Council, Advisor, or your ministry.
- Wear appropriate attire for each activity as adopted/suggested by event sponsor.
- Follow Diocesan, Church, hotel, state and federal regulations/laws.
- Stay on-site during the event (unless otherwise advised).
- Eat meals with your group in order to de-brief, discuss, and confirm strategies and to gather support (as agreed upon with your Advisors)
- Pace yourself and monitor your activities to ensure timely attendance at all commitments including event/trip departures.
- Reside/sleep in hotel/cabin accommodations assigned to you.
- Take reasonable precautions to ensure the safety of yourself and others.
- Abstain from possession and/or consumption of any type of tobacco and/or intoxicants between event departures and return times, and to remove yourself from the company of anyone indulging in tobacco and/or intoxicants.

Consequences

- Responsibilities listed above, if violated, may result in disciplinary procedures, including (but not limited to) returning immediately from the event at your own expense, reimbursement to the Church of funds expended on your behalf, possible removal from further traveling privileges.

Post-Event

- Prepare a report of your experience at the event (include any workshops, seminars, etc. you attended), and give a copy to your Advisor. This will be submitted to the Parish Council and Clergy upon their request. Be prepared to deliver your report to your ministry or the Parish Council or Clergy members.

CODE OF THE ROAD COMMITMENT CONTRACT:

I, (print name) _____, as
a representative of St. Nicholas Greek Orthodox Cathedral and the _____
_____ (name of ministry), agree to abide to this Code of the
Road. I understand the responsibility I have taken on when traveling on behalf of
St. Nicholas.

In case of emergency contact:

Primary _____ Phone _____

Secondary _____ Phone _____

Medical Information Required

Insurance Company _____ Policy # _____

Please note additional medical information for your Advisor to understand:

Medications _____ Dose/Frequency _____

Medications _____ Dose/Frequency _____

Allergies _____

Other _____

Signed _____ Date _____

Parent/Guardian _____ Date _____